While N95 respirators are the most effective, they should be reserved for healthcare workers.

What about a respirator/N95 mask?

New materials and designs improve the filtration efficiency of the mask, but even the best mask holds in many of the viral droplets and entering the mouth and nose. If you're infected, and smaller aerosols containing the virus from public settings.

DO wear a mask whenever you are in public, especially indoors.

DO wear a mask outside the home.

DON'T touch your face when handling.

DON'T tie a mask around your wrist or leave a used mask on a common surface.

DON'T touch the front of the mask when removing. Use ties or loops to gently pull off.

DON'T put your hands in your pocket while wearing a mask.

DON'T wear a mask under a cold head or a mouth cover.

DON'T use masks with exhalation valves or vents; experts say this type does not prevent the wearer from transmitting COVID-19 to others.

DON'T wear masks with exhalation valves or vents; experts say this type does not prevent the wearer from transmitting COVID-19 to others.

DON'T touch the mask with your hands after handling.

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